## **Getting Ready for Nursery**

There are lots of ways to help your child get ready for nursery. Here are some key skills you can practise together at home.

## Ask a grown-up to help you practise:

- following simple instructions, such as to collect or put away an object;
- asking simple questions and talking in sentences;
- · kicking and catching a large ball;
- holding and using pencils, crayons or paintbrushes to make marks;
- moving in different ways, such as hopping, jumping and running;
- · taking turns when playing games together;
- · using a spoon to eat and a cup to drink;
- using the toilet and washing and drying your hands;
- · putting on your coat and shoes;
- talking about stories you've read together;
- · saying number names in order to five;
- · playing counting and number games;
- talking about people who are special to you and special occasions for your family;
- talking about what you see in the world around you;
- · creating sounds and singing songs;
- · playing make-believe games by pretending.

## Other things you can do:

- Ask a grown-up to write your name into all your clothes, including your coat.
- Practise talking about things you like and enjoy doing. What are your favourite toys to play with? What do you like doing with your family at home?
- Talk about how you are feeling. Can you tell a grown-up when you feel happy or sad?
- Read stories together and sing songs and nursery rhymes. What is your favourite story? Can you sing your favourite nursery rhyme?
- Talk about coming to nursery. Do you know anyone else who will be at your nursery? What are you looking forward to?



